



A Guide for Community Activists Working to Build Sustainable Cities

Based on the PBS Special Edens Lost & Found www.edenslostandfound.org

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This Action Guide is made possible through a generous grant from Edens Lost & Found. The following organizations collaborated on its development: Chicago Park District, Chicago Wilderness, Congress for the New Urbanism, Field Museum, Forest Preserve District of Cook County and Openlands Project.

Action Guide

Chapters

1. Nature

The Chicago region is home to thousands of species of native plants and animals, including some of the rarest on earth. Learn what you can do to help protect and restore these habitats through hands-on volunteer activities and advocacy efforts, or simply by enjoying them!

2. Backyard Habitats

As glorious as our natural areas are, nothing beats your own backyard (if you're lucky enough to have one!). Learn how to bring nature to you by planting native species that attract birds and butterflies, saving water through intallation of a rain garden and other fun activities.

3. Green Neighborhood

Connections between individuals and the evnvironment are nurtured in the communities we live in. Collective efforts such as community gardening, art activities, and recycling not only help beautify our neighborhoods; they promote a shared value for sustainablilty throughout the city and region.

4. Green Buildings

Green buildings are environmentally responsible, profitable and healthy places to live and work. Find out what you can do to make your home or office more energy and water efficient, improve indoor air quality and conserve materials and resources.

5. Agriculture/Food

Sustainable agriculture integrates environmental health, economic profitability and social and economic equity. It helps farmers stay on their land and ensures that farming practices don't degrade our natural resources. Learn more about community-supported agriculture, how you can

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improve your own gardening practices or about one of your neighbors who is engaged in inspiring work!

6. Transportation

Hey! You gotta get around, right? Whether you bike, walk, ride or drive, learn what you can do to improve your commute and meet other people working on the same issues.

7. Energy

Did you know that one well-placed tree can do to the work of four air conditioners? Or that poor insulation, inefficient appliances, drafty doors and other fixable faults cost U.S. consumers billions of dollars every year? Learn the simple things you can do to improve the energy efficiency of your home and business and save money!

8. Water

Our bodies are made up of 75 percent water and yet we often take the provision of clean and fresh water for granted. Whether you like to canoe and swim in our lakes and rivers, or you want to help monitor water quality, you can learn about the organizations and individuals working on this important issue.

9. Air Quality

There are many simple things that you can do to improve air quality: walking and biking more, buying paints with no to low VOCs (volatile organic compounds) and mowing your yard early in the day. Simple, right? Learn more about what you can do and about what organizations across the region are doing to improve our air quality!

10. Nature-Based Recreation

The Chicago region boasts hundreds of activities for you to enjoy the great outdoors! Learn where the best bike and canoe paths are, what herpetologists do, where you can volunteer your skills by working as a docent in museums and zoos across the region and much more!

Action Guide

Nature

ORGANIZATION Chicago Wilderness Willowbrook Wildlife Center	CHAPTER Nature Nature	VOLUNTEER OPPORTUNITY Habitat Restoration
Chicago Wilderness Habitat Project	Nature	Monitoring, Environmental Advocacy
Citizens for Conservation Forest Preserve District of Cook County Friends of the Forest Preserves	Nature Nature Nature	Habitat Restoration Habitat Restoration Office Work, Environmental Advocacy, Habitat
Illinois Environmental Council Illinois Natural History Survey	Nature Nature	Restoration
National Audubon Society Chicago Region	Nature	Environmental Advocacy, Habitat Restoration
North Branch Restoration Project	Nature	Habitat Restoration
Plants of Concern Chicago Botanic Garden	Nature	Monitoring
Sierra Club, Illinois Chapter Chicago Group	Nature	Office Work, Environmental Advocacy, Habitat Restoration
The Conservation Foundation	Nature	Habitat Restoration
The Nature Conservancy Illinois Chapter	Nature	Environmental Advocacy, Habitat Restoration
The Poplar Creek Prairie Stewards	Nature	Habitat Restoration
US Fish & Wildlife Service Chicago Field Office	Nature	
Boone County Conservation District	Nature	Urban Greening/Farming, Miscellaneous
DuPage Volunteer Stewardship Group Forest Preserve District of DuPage County	Nature	Habitat Restoration

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Forest Preserve District of DuPage County	Nature	Treecare, Urban Greening/Farming
Forest Preserve District of Kane County	Nature	Trail Maintenance,
Forest Preserve District of Will County	Nature	Educational/Docents Habitat Restoration
Fox Valley Land Foundation	Nature	Office Work, Habitat Restoration
Illinois EcoWatch Network Illinois Dept. of Natural Resources	Nature	Monitoring, River Restoration, Treecare, Habitat Restoration
Lake County Forest Preserves	Nature	Monitoring, River Restoration
Lake County Volunteer Stewardship Network	Nature	Monitoring
McHenry County Conservation District	Nature	Environmental Advocacy, Miscellaneous, Habitat Restoration
Midewin National Tallgrass Prairie Poplar Creek Prairie Stewards	Nature Nature	Educational/Docents Habitat Restoration Treecare, Urban
Volo Bog State Natural Area	Nature	Greening/Farming, Habitat Restoration
West Chicago Prairie Stewardship Group	Nature	Habitat Restoration
Wildlife Rescue and Rehabilitation	Nature	Habitat Restoration

Backyard Habitats

ORGANIZATION	CHAPTER	OPPORTUNITY
Chicago Botanic Garden	Backyard Habitats	Urban Greening/Farming
Chicago Wilderness	Backyard Habitats	0 0
Conservation@home The Conservation Foundation	Backyard Habitats	
Rain Garden Network	Backyard Habitats	
State of Illinois Rain Garden Initiative, Office of Lt. Governor	Backyard Habitats	
US Environmental Protection Agency Great Lakes	Backyard	
National Program Office	Habitats	

VOLUNTEER

Green Neighborhood

ORGANIZATION Description	CHAPTER Green	VOLUNTEER OPPORTUNITY
Resource Center - North Park Village Archi-treasures	Neighborhood Green Neighborhood	Miscellaneous
Center for Neighborhood Technology	Green Neighborhood	Office Work
Chicago Master Gardener Program	Green Neighborhood	Urban Greening/Farming
Chicago Recycling Coalition	Green Neighborhood	
The Congress for the New Urbanism	Green Neighborhood	
Conscious Choice	Green Neighborhood	
Faith in Place	Green Neighborhood Green	
Foresight Design Initiative, Inc.	Neighborhood Green	Miscellaneous Urban
Greening Schools Project, Office of Pollution	Neighborhood Green	Greening/Farming
Prevention, IEPA	Neighborhood Green	
GreenNet	Neighborhood Green	Miscellaneous
Near NorthWest Arts Council	Neighborhood	Office Work,
NeighborSpace	Green Neighborhood	Urban Greening/Farming
Resource Center - Railyard Buyback Center	Green Neighborhood	
Resource Center - Uptown Recycling Station	Green Neighborhood	
Resource Center - Wrightwood	Green Neighborhood	

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Green

Save Our Urban Land (SOUL) U of I Extension,

Chicago High School for the Ag Sciences

Sustain

The Delta Institute

The Resource Center

Neighborhood

Green

Neighborhood

Green

Neighborhood

Green

Neighborhood

Miscellaneous

Green Buildings

ORGANIZATION CHAPTER **OPPORTUNITY Green Building Resource Center Center for Green** Green **Technology Buildings** Green **Center for Neighborhood Technology Buildings** Green **Sustainable Home Project Buildings** The Green Bungalow Initiative Historic Chicago Green **Bungalow Association Buildings** Green **US Green Building Council Chicago Chapter Buildings**

VOLUNTEER

Agriculture/Food

ORGANIZATION	CHAPTER	OPPORTUNITY
Cedar Valley Sustainable Farm	Agriculture/Food	
Moore Family Farm	Agriculture/Food	
Angelic Organics	Agriculture/Food	
Chicago Green City Market	Agriculture/Food	
City Farm	Agriculture/Food	
CSA Learning Center, Urban Programs Office	Agriculture/Food	
Families Against Rural Messes	Agriculture/Food	
Family Farmed Initiative Sustain	Agriculture/Food	
Genesis Growers	Agriculture/Food	
Green Earth Institute	Agriculture/Food	
Growing Home, Inc.	Agriculture/Food	Urban Greening/Farming
Henry's Farm	Agriculture/Food	o o
Illinois Soybean Association	Soybean Association Agriculture/Food	
Illinois Stewardship Alliance	Agriculture/Food	
Local Organic Initiative Sustain	Agriculture/Food	
Prairieland Community Supported Agriculture	Agriculture/Food	
Sandhill Organics	Agriculture/Food	

VOLUNTEER

Transportation

ORGANIZATION Chicago BlueWays League of Illinois Bicyclists	CHAPTER Transportation Transportation	VOLUNTEER OPPORTUNITY Miscellaneous Phone Calling, Miscellaneous
Logan Square Walks	Transportation	
Midwest High Speed Rail Association	Transportation	
United Transportation Union	Transportation	
West Town Bicycle Advisory Committee Break the Gridlock	Transportation	
Blackstone Bicycle Works	Transportation	
Chicago Area Mountain Bikers	Transportation	
Chicagoland Bicycle Federation	Transportation	Miscellaneous
Break the Gridlock	Transportation	
Campaign for a Free and Clear Lakefront	Transportation	
Campaign for Sensible Growth	Transportation	
Campaign to Build Illinois Transit Citizen Action Illinois	Transportation	
Chicagoland Transportation and Air Quality Commission Center for Neighborhood Technology	Transportation	
Citizens Against the Sprawlway	Transportation	
The Council for Disability Rights	Transportation	

Energy

VOLUNTEER ORGANIZATION CHAPTER **OPPORTUNITY Citizens Utility Board** Energy **Community Energy Cooperative** Energy **Department of Commerce and Economic Opportunity** Energy **Division of Energy Conservation and Renewable Energy Environmental Law and Policy Center** Energy **Illinois Clean Energy Community Foundation** Energy **Illinois Renewable Energy Association** Energy **Illinois Solar Energy Association** Energy **Midwest Energy Efficiency Alliance** Energy **UIC Energy Resources Center** Energy

Water

ORGANIZATION Alliance for the Great Lakes, Chicago Office Calumet Ecological Park Association Chicago Area Paddling	CHAPTER Water Water Water	VOLUNTEER OPPORTUNITY Miscellaneous
DuPage River Coalition The Conservation Foundation	Water	Habitat Restoration
Fox River Ecosystem Partnership	Water	
Friends of the Chicago River	Water	River Restoration
Friends of the Fox River	Water	
Great Lakes Regional Pollution Prevention Roundtable	Water	Monitoring
Illinois State Water Survey	Water	
-		Office Work,
John G. Shedd Aquarium	Water	Monitoring, Miscellaneous
Prairie Rivers Network	Water	
The Conservation Fund, Illinois Office	Water	

Air Quality

ORGANIZATION	CHAPTER	VOLUNTEER OPPORTUNITY Environmental
American Lung Association, Chicago	Air Quality	Advocacy, Miscellaneous
Clean Air Counts Campaign	Air Quality	
Lake Michigan Air Directors Consortium	Air Quality	
Mobile CARE Foundation	Air Quality	Office Work, Miscellaneous
Safer Pest Control Project	Air Quality	
Chicago Area Clean Cities Coalition	Air Quality	
Chicago Asthma Consortium	Air Quality	

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Nature-Based Recreation

ORGANIZATION	CHAPTER	VOLUNTEER OPPORTUNITY
Bird Conservation Network	Nature-Based Recreation	Monitoring, Miscellaneous
Brookfield Zoo	Nature-Based Recreation	Educational/Docents
Chicago Herpetological Society	Nature-Based Recreation	
Field Museum of Natural History	Nature-Based Recreation	Miscellaneous, Educational/Docents
Friends of the Parks	Nature-Based Recreation	Office Work, Urban Greening/Farming
Garfield Park Conservatory	Nature-Based Recreation	Urban Greening/Farming, Miscellaneous
Illinois Butterfly Monitoring Network	Nature-Based Recreation	Monitoring
Illinois Trails Conservancy	Nature-Based Recreation	
Lincoln Park Zoological Society	Nature-Based Recreation	Miscellaneous, Educational/Docents
Morton Arboretum	Nature-Based Recreation	Habitat Restoration
Museum of Science and Industry	Nature-Based Recreation	Miscellaneous
North Park Village Nature Center	Nature-Based Recreation	Monitoring, Habitat Restoration
Park District of Highland Park/Heller Nature Center	Nature-Based Recreation	
Peggy Notebaert Nature Museum	Nature-Based Recreation	Miscellaneous, Educational/Docents
Spring Valley Nature Center Schaumburg Park District	Nature-Based Recreation	Habitat Restoration, Educational/Docents
Wild Ones, North Park Village Center	Nature-Based Recreation	
Openlands Project	Nature-Based Recreation	Treecare, Urban Greening/Farming
Emily Oaks Nature Center Skokie Park District	Nature-Based Recreation	Miscellaneous, Educational/Docents
Irons Oaks Environmental Learning	Nature-Based	Habitat Restoration

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Center SCARCE

Nature-Based Recreation

Recreation

Miscellaneous

Spring Brook Nature Center

Nature-Based Recreation

Miscellaneous, Habitat

reation Restoration

This Action Guide is made possible through a generous grant from Edens Lost & Found.

Edens Lost & Found UNDERWRITERS in alphabetical order.

APTA

Boeing

CDM (corporate grant)

Chicago Community Trust

FJC

ISTEP (Illinois Sustainable Education Project)

LA City Dept. of Sanitation/WaterShed Mgt.

LA County Public Works

LA Rivers and Mountains Conservancy

MacArthur Foundation

Philadelphia Water Department

Richard Driehaus Foundation

Seattle Dept. of Sustainability/Environment

The Pennsylvania Department of Conservation and Natural Resources

William Penn Foundation

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